

# Ex Olaf Ski Challenge

10-17 February 2024

# Medical

- All Students are covered by the School Trips Insurance.
- All Instructors hold a current First Aid Qualification.
- A full risk assessment is in place for all activities the students will take part in.
- A full Medical Plan has been submitted and approved
- A Global Health Insurance Card (GHIC) is required and to be carried with Cadets at all times. If you still have a in date EHIC then that is still valid in EU countries.
- Your passport must have a minimum of 3 months from the date of the trip left before expiry.

# Itinerary

Day	Description	Location
10 February 2023	Report PGS 2230hrs	OED Building
11 February 2023	Depart OED 0100hrs Flight 0725hrs	LHR - Stuttgart BA0918
12-16 February 2023	Skiing	Various
17 February 2023	Depart Lodge 0730hrs Flight 0905hrs	Munich- LHR BA0923
17 February 2023	ETA OED 1230-13:30hrs	OED Building

# Haus Am Brunnenbach - Our Lodge



# Ski Slopes - Balderschwang, Jungholz, Oberjoch and Ofterschwang



# Equipment List

Included	Not Included
Flights & Transport	Euro mains socket adaptor
Hire of Ski Equipment, Skis, Boots, Helmets	Personal Clothing/Socks
Ski Instruction	Personal Equipment: sun cream, lip salve etc
Ski Passes	Ski goggles / Sunglasses
Full board Accommodation	Small Rucksack
Bedding	Spending Money (suggest no more than 20-30 euros per day)  There will be food/drinks in the café plus snacks and drinks they can buy in the lodge in the evening.